



## UPPINGHAM NEIGHBOURHOOD FORUM

### Uppingham Community Emergency Plan

Notes of a Virtual Meeting of UppWatch Volunteers held on Sunday April 12<sup>th</sup> 2020 at 4pm

#### 1. Online Roll Call

Twenty four volunteers were visually confirmed as present online with the meeting being led by Janet Thompson, Chair of the Uppingham Neighbourhood Forum. Janet invited volunteers to introduce themselves and any organisational roles they played in the community. It was noted that, in addition to volunteer residents, members and/or representatives of the following organisations were present:- RCC, UTC, Uppingham Neighbourhood Forum, Uppingham Lodge, UppWatch, Uppingham Church, the Hopper Heroes, Uppingham First, Uppingham Community Emergency Plan Coordinators, Uppingham Patient Participation Group, Uppingham Community Land Trust, Beeches Residents Association, Limes, Rotary, Firs and Spurs Residents Association and UppWatch.

#### 2. Uppingham Support Structures

An updated overview of the town's support, governance and volunteer structures (including the Uppingham Hopper) is attached (See Appendix A). It was noted that 35 volunteers were now on call for support with shopping etc. It was acknowledged that a significant number of other residents were supporting their friends and neighbours at this difficult time. A number of UppWatch volunteers are also acting as NHS volunteers.

#### 3. Discussion

The following issues were raised:-

- a) The RCC Crisis Line number was confirmed as 01572 729603 – staffed 9am to 8pm
- b) County Cllr Lucy Stephenson updated the meeting about the making of circa 500 bandanas for the nurses at Glenfield Hospital(they help protect the ears of NHS staff and others having to wear masks)
- c) Lucy Stephenson also outlined her 'Phone Pals' project to be run in collaboration with the Uppingham Neighbourhood Forum. A number of volunteers have already offered support. Letters were delivered earlier in the day to residents of Gerard Court, Bonnar and Taylor Houses. See Appendices A and B.
- d) David Ainslie provided an update on the re-tasking of the Uppingham Hopper (20 medicine deliveries and 12 vegetable boxes this week)
- e) Safeguarding and recognition as a volunteer by clients, shops and the police – UppWatch letters of accreditation are being issued to all volunteers when undertaking their first shop. Most volunteers were offering repeat support directly once a relationship with a new client had been established
- f) Town Councillor Liz Clark is leading on the production of medical scrubs. Donations of suitable fabric welcomed. Please contact Liz on 07702 563211 or e-mail Janet at [janetthompson169@gmail.com](mailto:janetthompson169@gmail.com)
- g) Which businesses are open and/or trading online? – Uppingham First is to create a new web page for these businesses at [www.uppinghamfirst.co.uk](http://www.uppinghamfirst.co.uk)
- h) NHS national list of the most vulnerable – It was noted that details were not being shared, raising concerns about the possibility of some of the vulnerable slipping through the support net
- i) UppWatch Resilience – The possibility of some volunteers having to stand down in the future for health or personal reasons will require the 'handing on' of relevant information
- j) These notes to be posted at [www.uppinghamonline.co.uk](http://www.uppinghamonline.co.uk)

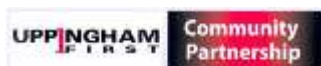
#### 4. Further meetings

It was agreed that further meetings be held fortnightly. The next will be on April 26<sup>th</sup> at 4pm. An invitation to all volunteers will be issued by e-mail. .

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### Uppingham Community Emergency Plan and UppWatch

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#### Appendix A



# Uppingham Support Structures Update 12.4.2020

## Business Sector

## Voluntary/Community Sector

## Statutory Sector

Locality + Community  
Transport Association

Uppingham First

Uppingham  
Business  
Forum

Uppingham Hopper  
Team  
(14 on standby rota)  
DBS + ID cards

National Council for  
Voluntary  
Organisations

One East Midlands

Uppingham  
Neighbourhood Forum

NHS – Government

Blue Light Services

Uppingham Surgery

Rutland County Council

Uppingham Town  
Council

Emergency Plan Coordinators + Team  
(8 + 12)

**UppWatch Regular Team**  
(12 volunteers)  
DBS + ID Cards

Call or text 07710 328469

**Phone Pals**  
(10)  
01572 823906

**UppWatch**  
Coronavirus Shopping Volunteers  
(35 as at April 12<sup>th</sup> 2020)  
Carry Smartphone Letter of Identity  
Leave messages at 01572 495050

Regular updates online at [www.uppinghamonline.co.uk](http://www.uppinghamonline.co.uk)  
Shop Survey (hours open submitted to RCC)

Medicine and goods delivery  
Essential transport  
Regular exchange of info with economic and social partners  
Social media bulletins (Facebook and Twitter)

## UPPINGHAM NEIGHBOURHOOD FORUM



### Would you welcome a Phone Pal?

Dear Resident,

We write hoping that you are well and safe during this crisis. For many, access to the internet has helped them to feel less isolated. We are mindful that for those of you who do not have the internet, this sociable life line is not available to you. With this in mind we are thinking it would be helpful to establish a 'phone pal' network.



This would mean that one of our volunteers would be given your name and contact details and would phone once a day for a natter.

If you would like to sign up to 'Phone Pals' please telephone Lucy Stephenson on 01572 823906. In the meantime here is some useful information to keep on your fridge door:

**Uppingham helplines** 07710 328469 or 01572 495050 (you can leave a message on this number)

**Did you know the Uppingham Hopper is still available to help you? It can.....**

- Take you to the surgery or pharmacist if you cannot drive
- Deliver a prescription for you
- Collect your shopping with the help of a volunteer
- Deliver your medicines by arrangement with your pharmacist

Please ask for help if you need it. Call 01572 495050

Regards

*Janet Thompson*

Chair – Uppingham Neighbourhood Forum

Uppingham Neighbourhood Forum - The Voice of Civil Society in Uppingham  
A Member of the National Council for Voluntary Organisations (NCVO) and One East Midlands (OEM)

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Chair: Janet Thompson Vice Chair: Mark Shaw Co-ordinator: Ron Simpson BEM  
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